



# Neighbourhoods and Communities Programme

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# Adults active travel for all journeys

Transport &  
Health

Understanding place  
& urban mobility

# Adults active travel in Scotland



## Journey (n=1)

Home > Edinburgh Napier

## Journey stages (n=3)

Home > Glasgow Queen Street

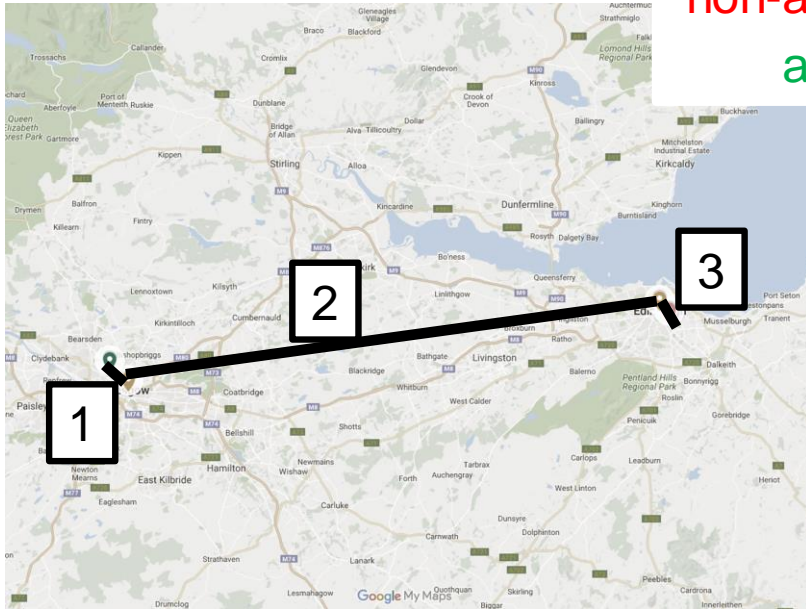
GQS > Edinburgh Waverley

EW > Edinburgh Napier

active

non-active

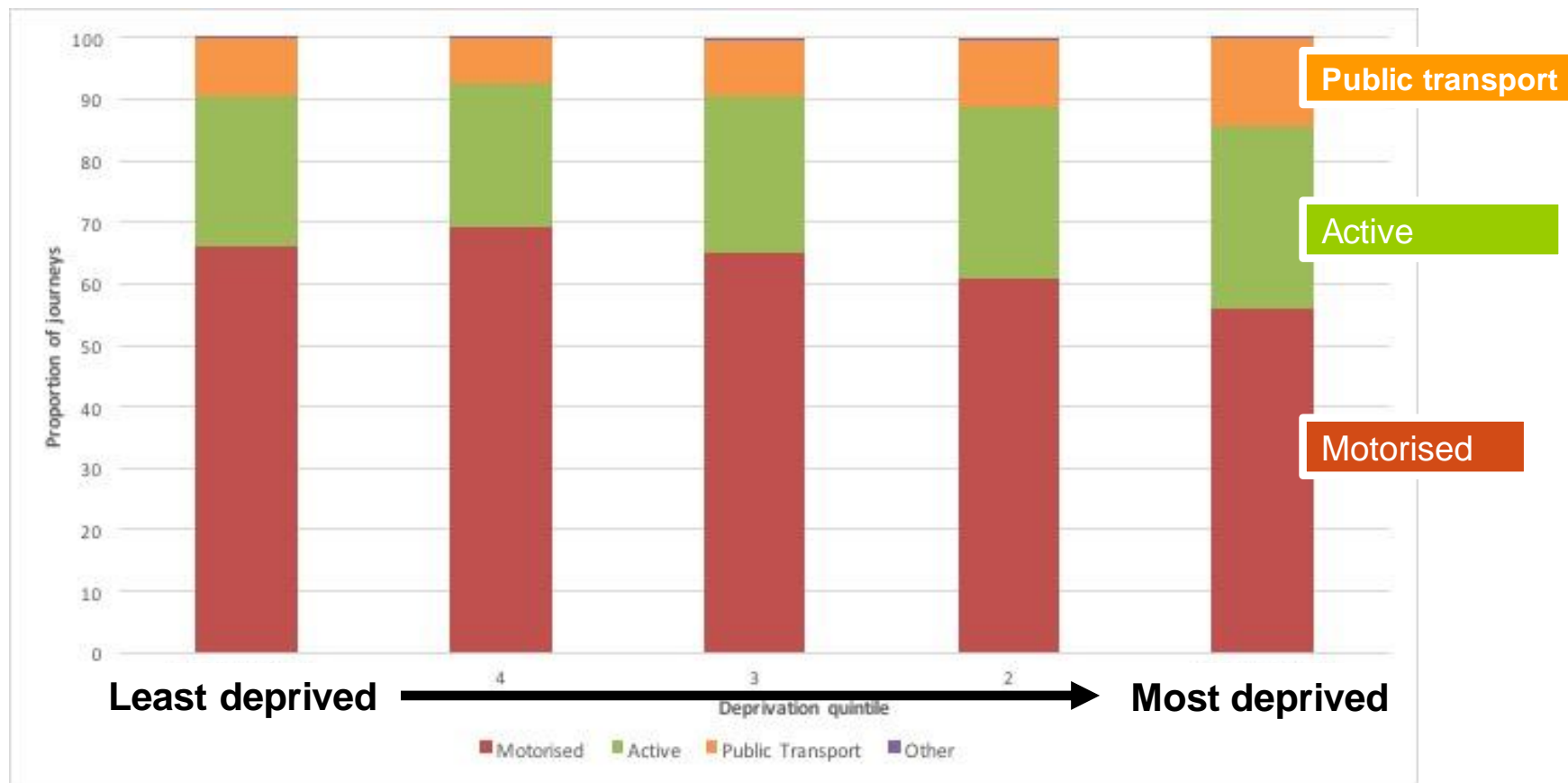
active



39,585 journey stages were collected in SHS travel diaries during 2012–13.

# Adults active travel in Scotland

## Key results



Journey stage mode by deprivation quintile (weighted)

# Adults active travel in Scotland

## Key results

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A quarter of all journey stages 'active'.



2012-13  
25% of journey stages walked  
1% of journey stages cycled

95% of active stages walked.



2012-13  
95% walked  
5% cycled



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# Neighbourhoods and Communities Programme

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